

## Pre-tour extension

*This Pre-tour extension works well with the Caribbean Airlines flight from London Gatwick to Guyana.*

Friday Arrive in Guyana. Transfer to Georgetown. Guests are met and transferred to Cara Lodge in Georgetown. Built in the 1840s and originally consisting of two houses, the hotel is one of the oldest wooden buildings in Georgetown. It has a long and romantic history associated with it and was the home of the first Lord Mayor of Georgetown. Over the years it has hosted many dignitaries including George V who stayed at the house in 1923 and planted the sapodilla tree in the front garden to mark the occasion. Overnight at [Cara Lodge](#).

Saturday Today we will visit the Mangrove Heritage Trail. At the visitors centre the mangrove story is demonstrated in detail through permanent displays and in a hand-painted mural of the coastal birds. Visitors move via the traditional horse cart with friendly Nabaclis village cart men are in charge pointing out places of interest. Stop at Victoria Village, the first village purchased by former slaves who pooled their money to do so following Emancipation in 1839. This is the birthplace of the cooperative concept and where the first agricultural fair was held in Guyana.

Turning towards the Atlantic Ocean, the scenery includes an old Dutch Koker used to drain the agricultural lands along the low lying coastline. The serene temples of the Hindu Ashram at Cove and John then come into view from across the lake. You are now in the heart of Guyana's first mangrove reserve, owned and managed by the community. Along this coastal strip, you will see four different mangrove species and a wide wetland area, teeming with birdlife and tropical fish. If you're in luck, you will see local fishermen beating the pond water to chase fish into their nets. In the middle of the wetland is a small island of lush, black mangroves where beekeepers produce the distinctive golden mangrove honey.

Along the trail, local tour guides point out the array of medicinal plants found in nature's pharmacy right in their backyard. You learn of the traditional remedies effectively used by Guyanese for generations. As the tour comes to a close, local drummers from Victoria Village join you to regale you with traditional folk songs. The way back to the Visitor Centre, includes a stop at Ingrid's roadside stand for a refreshing glass of Guyana's legendary Demerara Gold fresh cane juice and some delicious creole snacks such as cassava-coated eggballs, channa, fishcakes or dhal puri. Journey continues to Georgetown return to the hotel.

Late this afternoon visit the home of [Roy Geddes Musical Museum](#) for a cultural evening and local dinner. Roy is Guyana's most famous steel pan player and maker. He will demonstrate how steel pans are made and discuss their history and a rendition of pop, rock, soca, classical and jazz numbers of the pans. Overnight at Cara Lodge. BD

**PRE-TOUR EXTENSION RATES 2016**

Rack Rate 2016: US\$ 375.00 per person, minimum 2 persons  
US\$ 365.00 per person, minimum 4 persons  
US\$ 351.00 per person, minimum 6 persons  
US\$ 323.00 per person, minimum 8 persons  
US\$ 311.00 per person, minimum 10 persons

Single Supplement Rack Rate: US\$ 103.00

Rate Includes :

- airport transfers
- double or twin accommodation
- meals as listed
- all road transfers
- activities as described
- local guides
- VAT

Not Included :

- items of a personal nature
- alcoholic drinks
- international flights