

# Swim With Dolphins in the Bahamas



Conscious Breath Adventures, winner of the Planet Whale 2012 Responsible Whale Watch Award, presents to you a one-week cruise to swim with dolphins on the Little Bahama Bank. This trip offer guests the remarkable opportunity to snorkel, swim and play with the world famous Atlantic spotted dolphins, the most interactive and friendly population of wild dolphins in any ocean on the planet.

It is here, in the shallow waters that edge the Gulfstream, that for thirty years snorkelers have been interacting with an extended pod of friendly dolphins. Over years and generations this pod has shown an unparalleled curiosity and joy in engaging with people, freely approaching swimmers to happily cavort and frolic for as they choose, whether for minutes or for hours. There are no walls, no feeding, no behavioral conditioning or manipulation of any sort: just wild dolphins in their natural environment interacting of their own free will, exactly the way it is meant to be.

But this cruise offers more than “just” the chance to befriend the spotted dolphins. The area of the dolphin grounds is the boundary between the warm indigo depths of the Gulfstream and the crystalline blue shallows of the Little Bahama Bank. The diverse environment offers reefs large and small, drop-offs, wrecks, sand and seagrass beds populated by fish, birds,

turtles, rays, sharks, bottlenose dolphins and the spotted dolphins. While our focus is on the dolphins (and we do get opportunities to swim with the bottlenose, too), we enjoy making the most of whatever comes our way!



Scuba diving is an option for guests taking part in this cruise, but guests do not need to be divers to enjoy everything the trip has to offer. The daily schedule is subject to change to best take advantage of the local conditions. Unlike some cruises which can tell you a month in advance exactly where you will be on a Tuesday morning, our thinking is that there is no way to predict whether that will be the best place to be on that day; you will only know when you see it! Our operational philosophy is that our guests are aboard a private yacht with a guide at their service with a decade of experience in the area who is always asking: what is the best thing we can be doing right now?

Our emphasis is on the dolphins: seeking them and interacting with them is our reason for being here. But when a good chance to meet their friends or explore their world comes our way, we will make the most of it, enriching the adventure for all.